

Physical Receipts:

OR THE

R. 1435.

New English Physician.

CONTAINING,

Admirable and Approved

REMEDIES,

For several of the most usual

DISEASES.

Fitted to the meanest Capacity,

By N. Culpepper, Doctor of Physick.

Licensed, According to Order.

L O N D O N,

Printed for Thomas Bowkins, in George-Yard, in
bard-street; 1690.

Price Six Pence.

TO THE
READER.

I Have here made publick to the World, some of my choicest Secrets in the Art of Physick, which I had once thought never to publish; but the importunities of the publick Good, has so prevailed with me, above my private Interest, to serve my Age and Station in which I live. Be kind and good to your poor Neighbour, for which you may expect the Blessing of God: and in so doing you will compel me to oblige the World with several other useful things, which I shall fit to the common Capacity of all People. I am

Your  servant,

N. Culpeper

Physical Receipts.

Aches, and Lameness in the Body, Joynts, Limbs and Bones.

An approved Searchcloth for all Aches.

Take Burgundy Pitch, one pound; white Virgins Wax, four Ounces; white Frankincense, two Ounces, powdered: Melt them all together in a Pipkin, stirring all well together; then pour out all into a Bason, or Pan of Water; then anoint thy Hands with Butter, and make thy Plaster, or Searchcloth into Rolls.

An Excellent Ointment for the same.

Take the Gall of an Ox, White-wine Vinegar, Oyl of Excester, Aqua Vitæ, of each a like quantity; boyl them gently on a Fire, keeping it scum'd, till it grow clammy, and with this bathe well the aching part, soaking it in well, by rubbing it in, before a Fire, with a warm Hand Morning and Evening, still laying a Linnen Cloth on it.

For Bone-ach, and the Gout.

Take of the best Aqua Vitæ, and Oyl of Bays, of each like quantity, mix them well together, and anoint the part well with a warm Hand before the Fire, and bind on it a Linnen Cloth, Morning and Evening.

For the Joynt Ach, and the Gout, most Excellent.

Take the Juice of Sage, Aqua Vitæ, the Oyl of Bays, Vinegar, Mustard, and of an Oxes Gall, of each a like quantity, put them all together in a large Ox Bladder. Tye it fast, and chafe it up and down with your hand, during one hour and half, then keep it for your Use, and anoint the griev'd part Morning and Evening.

A Process against all Pains and Aches in the Back, Hips, Sides, Knees, or any part of the Body.

Take first Pil. Fœtida, one drachm, to Purge now and then, and take them in Syrup of Roses; after purging, procure Sweat thus.

Take Guaiacum, one Ounce, Sarsaparilla, one Ounce and a half, the Root of Enulacampain, one Ounce; boyl them in a Pottle of small Ale, till half be consumed, then drink thereof a Quart in a Hot House, and Sweat often; Then in the House, bathe all the Body with this Oleaginous Balsome.

Oyl of Amber, Oyl of Turpentine, Oyl of Foxes, Oyl of Excester, and Oyl of Chamomil, of each a like quantity, and mix it well with some Brandy.

And if his Pains and Aches fall out to be most painful in the Night (as many times they do.)

Then at Night let him take this Potion, Syrup of Poppy. Drachms; Syrup of Betony, one Drachm and a half, Juices of Bugloss and Sage, of each an Ounce, mix them together.

*For a Man per-
the was Lame
Body.*

Take the Gall of an Heifer, for a Man; the Gall of a Steer for a Woman, Brandy.

Physical Receipts.

each a like quantity. boyl them together 'till it begin to be clammy, and before the Fire with a warm Hand strongly bathe the Party Morning and Evening, 'till he be whole.

To heal and strengthen weak Limbs of Children, and those which cannot stand nor go. Most wonderful and excellent to cure the Rickets.

Take Sage, sweet Marjoram, Rosemary, Time, Chamomil, Hyssop, Feverfew, Lavender, Balm, Mint, Wormwood, Rue, Winter Savory, and Bays, of each a handful, beat them together to a Mass very well in a stone Mortar, then strain out the Juice and put it in a double Glass, the which stop well, and paste it all over with Dough, and set it in an Oven with Household Bread; and when it is drawn, break off all the Paste, and if the Juice be thick break the Glass, and put the Juice into a Gally-Pot: And when you use it, take the quantity of 2 Spoonfulls of it, and put to it as much of the Marrow of an Ox Leg, melt them together, stir them well, and add to it a little Brandy; and Morning and Evening anoint well before a Fire the Child's Arms, Sides, Thighs, Leggs, Knees, Feet and Joynts, bathing it well in with a warm Hand. Then give it some Syrup of Rheubarb (to open the Obstructions of the Liver) and mingle it with two ounces of Mint-water, mix it well, and give it the Child fasting. This will mightily strengthen the Limbs, and make the Child to stand and go. *Probat.*

Apoplexy to Cure.

Take of the best Aqua-vitæ well rectified from Phlegm one Pint, Oyl of Vitriol one Spoonful, mix them, and let him drink thereof one Spoonful first in the Morning, and another last at Night.

let him Sweat in a Stove twice a Week, and e-
very time therein bathe him with Oleaginous Balsom. This
excellent.

For the Joynt-ach and Numbness.

Take six Spoonfuls of Dragon-water, dissolve in it one
drachm of Mithridate; drink the same draught three
Mornings together fasting, and sweat two Hours after it.
This Cures.

Agues and Fevers to Cure.

A rare Secret to Cure all Agues whatsoever.

Take Venice Turpentine half an Ounce; Incorporate
it with as much Mastick beaten into fine Powder, as
will make it a Plaister; then take of it and spread it on
a piece of Sheeps Leather cut round, and lay it on the
Navel pretty warm, a day before the Fit cometh, *Probat.*

Against an Ague.

Take a Pint of Milk, set it on the Fire, and when it
boyls put in a pint of Ale, take off the Curd, then put
into it nine heads of Carduus, then boyl it till half be
wasted, then to every quarter of a Pint put in a good
Spoonful of Wheat-flower, and a quarter of a Spoonful
of gross Pepper, stir it well, and take that half Pint at
Hour before the Fit cometh, and be sure to Sweat him
in his Bed upon the taking of it.

A Plaister against an Ague.

Take a piece of Leather pricked full of Holes, spread
it with Venice Turpentine, and on that spread all
Rue and Frankincense, beaten into Powder, of
each

each a like quantity, and lay it to the Wrist a little be-
fore the Fit cometh, and he 'till the Fit be gone.

Against a Malign Fever.

Take (at the coming of the cold Fit) half a Pint of
the distilled Water of Germaner: It helpeth assuredly
for Germaner is stiled by Physicians, the Scourge of a
Fever.

Against all burning and pestilential Fevers.

Take of the Herb Fluellin cut small, and infuse it 24
Hours in White-wine, then Distil it, and drink of this
Distillation, with three Drops of Oyl of Vitriol in every
Draught, when he is Thirsty. This hath cured Old and
Young that took it.

*An excellent Process of Cure of all Quotidian, Tertian, Quar-
tane, Pestilential and Burning Fevers and Agues.*

Take (at the first access, Purge the Patient with this
Sacred Medicine) Aloes three drachms, Myrrh one
drachm, Saffron half a drachm, Sugar three drachms;
beat them well together, then infuse them in a Pint of
White-wine over Night, and give it two several Morn-
ings, half a Pint at a time.

His Drink a Julep.

And for his ordinary Drink, when he is Thirsty, let
him use this Sacred Julep. Take White-wine Vinegar
half a Pint, Rose-water one Pint, Conduit or Fountain-
Water, one Pint; Seethe them together with a Pound of
Sugar.

Phlebotomy.

If the Sick be high Coloured, then let him Blood as a
chief Remedy; if no Spots appear in his Breast.

Sleep to Procure.

If he want Sleep, Take Syrup of white Poppy, one
ounce; Distilled Water of Lettice, two ounces, mix them
and take it at Night, for Sleep cools the Body, and pre-
vents Motion, and Motion is one of the principal cause
of heat.

Sore Mouth to Heal.

If the Mouth be sore, Take one Penny-worth of red Sage, grossly cut, one handful of French Barley beaten, Roach Allom one ounce: Boyl all these together in a Pint and a half of Spring-water, then dulcify it before it be cold with Honey, and therewith wash the Mouth, and gargle the Throat.

To make the Costive Laxative.

If he be Costive, make him Laxative with my Pilule Magistrales, nothing comparable.

His Diet.

His Diet must be Broths of Chickens, Knuckles of Mutton or Veal; but no Flesh, for that increaseth and feedeth the Fever.

Against a new Ague.

Take one drachm of pure Tobacco in the Leaf, infuse it all Night in half a pint of White-wine, then strain it and drink it, fasting two Hours after it. This will purge Phlegm and Choler throughly.

Against a burning Fever.

Take distilled Wallnuts, a Week or two before Mid-Summer, and give of that Water one ounce and a half at a time, an Hour before the Fit. It Cures.

To keep the Belly open in a Fever.

Take the Decoction of Prunes four ounces, wherein dissolve Manna one ounce; then when they boyl up, distill them, and drink four ounces of the Liquor fasting.

An excellent Julep in all Fevers.

Take what quantity of Prunes you please, bruise them and distil them, and keep the Distillation in a great Glass, with a Tap in it at the bottom; then take four ounces of Prune-water, Juice of Oranges, Syrup of Gilly-flowers two ounces, a few drops of Spirit of Vitriol; mix them, and let the Patient drink two or three spoonfulls at a time often.

Note,

Note, That all Volatile Salts of Rue, Sage, Marjoram, Rosemary, and the like, being drunk in Wine, and Sweat upon it, cures all Fevers. Van. Helmont.

To preserve your Juice of Oranges, buy your Oranges when they be cheapest, and good store; then press out their Juice, then clarify it, and put it in a great Glass, that hath a Tap and Spicket in the bottom of it; then cover the Juice in the Glass one Inch thick with good sweet Sallet Oyl; and so you may preserve your Juice as long as you will.

To Strengthen the Heart in all Fevers mightily.

Take of the dried Leaves of Marygold-flowers, beat them to powder, then take Turpentine and Rosin, each a like quantity; then put them into an equal quantity of fine Hogs Lard, and incorporate them well together over the Fire, then spread thereof on a sheild plaister of Leather, and lay it on the Breast over the Heart, and this will strengthen and succour the Heart unspeakably.

Bleeding to Stop in any Part, Inwardly, or Outwardly.

To stop the Bleeding at the Nose.

Take Bole Armoniack, stamp it finely to Powder; then blow up some of it with a Quill into the Bleeding Nostril of the Patient, and it stops presently. *Probat.*

Against Pissing of Blood.

Take Sheeps Milk (highly praised herein above all) Fasting 4 Ounces, mix with it a drachm of fine Bole Armoniack in Powder, and drink it up.

Against the Bloody Flux, and Pissing of Blood.

Take Conserve of Roses 1 Ounce, Crocus Martis 1 Scruple, mix them well, then take it on the point of a Knife in a Morning fasting, and do so three several Mornings together and be whole. *Probat.*

Against all Fluxes in Men and Women.

Take Syrup of Roses, and Syrup of Mints, 1 Ounce of each, Bole Armoniack in Powder 1 Drachm, incorporate them in red Wine, make a Potion and drink it off.

To cool the Blood, Liver and Reins.

Take Strawberry-Leaves, with the Roots, what you will, boil them in White-wine and Water, then strain them, and drink of the Decoction fasting, 1 Pint.

Judgment on the colour of the Blood.

If the Blood come Wheyish, it comes from the weakness of the Reins.

If it come from fulness and largeness of Veins, then the party feels no pain.

If it come from breaking a Vein, then the Blood cometh more abundantly.

If it come by some sharp Humour gnawing the Veins, then the Blood comes by little and little, and the Reins are pained.

If the Blood appear red of Colour, and white Water flows with it, then the Blood is sound.

If bubbling Blood issue, the Stomach of the Party is Diseased.

If the Blood be green, then the Heart is grieved.

Against spitting of Blood.

Take Mastick and Olibanum, in Powder, 2 Scruples of each, conserve of red Roses 2 Ounce, Diacordium half an Ounce; mix them together, and make an Electuary, then take thereof Morning and Evening on the point of a Knife, as much as a Nutmeg at a time.

Against

Against Pissing of Blood.

Take the Juice of Purslain, make it into Pills with Gumtragacanth and Gum Arabick, of each alike in Powder and take 5 Pills at a time. It helpeth.

To stop the Bleeding caused by Leeches.

Take a Bean, slit it in twain, take away the Skin, and lay it on a place where a Leech hath drawn, that bleedeth too much, and it will stop the bleeding.

Against Spitting and Vomiting of Blood.

Take of the Seed of St. John's Wort, with its Herb and Flowers, and boil them in White-wine, and drink of the Decoction (being strained) it helpeth, though it come by Bruises, Falls, breaking a Vein, or howsoever.

To expell Blood or Choler out of the Stomach.

Take 2 Drachms of the Seeds of St. John's Wort beaten into Powder, and drunk in a little Broth, doth gently perform it.

To stop Bleeding, or casting of Blood in a Consumption.

Take 3 Spoonfulls of the Juice of Sage, with a little Honey fasting, it presently doth stop it.

Against the spitting of Blood, with a Cough.

Take Bole Armoniack, Terra Sigillat. white and red Corral, of each half a Drachm, all powdered, Sugar of Roses half an Ounce, stir them well together, with the white of an Egg, make a Looch thereof, and take a little often.

A Clyster against a sharp Humour, that issueth out Blood instead of Ordure.

Take one pint and a half of new Milk, boil it to a pint, with a handful of red Rose Leaves in it, then sweeten it with powdered Sugar, and give it up into the party, and let him keep it as long as he can.

Belly

Belly Infirmities to Cure.

To reduce a hard Belly, and hard Sides.

Take Unguentum Dialthææ 3 Ounces, Unguent. Agrippæ, Oyl of Chamomil, of each an Ounce, incorporate them together with a little Brandy, and anoint the part Morning and Evening before the Fire, rubbing of it in strongly with a warm Hand, half an Hour at a time.

Another for the same.

Take your own Urine, and drink a good Draught thereof 9 Mornings together. *Probat.*

Against the griping Torments and fretting of the Guts.

Take the Juice of Plantain clarified, and drink it by it self, or in other Drink for divers days together, it wonderfully prevails, as aforesaid; as also, against all Distillations from the Head, and all manner of Fluxes in Men and Women.

Against Wind, and gripings in the Belly.

Take of the Roots of Kneeholm, Anniseeds and Fennelseeds, half an Ounce of each, make them all into Powder, and mix them well together with half an Ounce of Sugar, and take every Morning of it as much as will lye on a Shilling in Wine or Poffet-drink.

Against the Griping in the Guts.

Take Salt of Wormwood half a Drachm, Andromachus Treacle 2 Drachms, Conserve of red Roses what sufficeth to be made up into a Bolus, and to be taken first in the Morning.

To Cure an extraordinary Flux of the Bowels.

Take 2 hard Yolks of Eggs, temper them with good Rose Vinegar, and give it to the Patient to eat first in the Morning. By this Medicine alone a Man was Cured of this Distemper, who had daily 70 Stools a day, when all other means failed.

Against Gripings and Wind in the Guts.

Take Oyl of Ivy 1 Drachm in a Cup of Wine mixt, and drink it Fasting doth the work.

A Clyster against Pain and Griping in the Bowels, Dysentery.

Take Cows Milk 1 Pint, fresh Butter 1 Ounce, Gum-tragacanth 1 Drachm, the Yolks of 3 Eggs, Oyl of Roses 2 Ounces; make it Blood warm, to the dissolving of the Gum, and so put it up.

Breath, stinking or short, to Cure.

Against a stinking Breath.

Take a good quantity of Rosemary Leaves and Flowers, boil them in White-wine, and with a little Cinnamon and Benjamin beaten to Powder, being put therein, let the Patient wash the Mouth often therewith, and it will presently help. *Probat.*

Against shortness of Breath.

Take of Saffron in powder 1 Scruple, of Musk in powder 1 Grain, give them in Wine.

For the same.

Take sweet Marjoram and boil it well in Water, and drink of the Decoction first and last, and at other times. This helps all diseases of the Chest, and will make you breathe freely.

Against

Physical Receipts.

Against shortness of Breath with a Cough.

Take the Roots of Valerian and boil them with Liquorice, Raisins stoned, and Anniseeds, and drink of the Decoction often; this is singular good against the said Diseases, for it openeth the passages, and causeth the Phlegm to be spit out easily.

Against a stinking Breath.

Take Myrrh, what you will, boil it in Water, and with the Decoction wash your Mouth often.

Breasts Infirmities to Cure.

A Pultes for a sore Breast.

Take new Milk and grate white Bread into it, then take Mallows and red Rose Leaves, 1 handfull of each, then chop them small, and boyl them together till it be thick, then put in some Honey and Turpentine, mix them, then spread it on a Cloth, and apply it.

For an Ague in the Breast.

Take good Aqua-vitæ and Linseed Oyl and warm them together on a Chafing-Dish of Coles, dip therein two Cloths made fit for the Breasts, and lay them thereon as hot as may be suffered Morning and Evening.

Milk hard in the Breast to Cure.

Take Mint, Wallwoort and Vervain, of each alike and with Hogs Grease stamp them together, and make a Pultes, and apply it.

To bring long and great Breasts to a little Proportion.

Take Hemlocks, thred them and boyl them in White-wine, then make a Plaister of them, and apply them to the Breasts.

Physical Receipts.

To heal an Inflammation in the Breasts.

Take the whites of two Eggs, and two handfulls of Housleek, let the Eggs be first well beaten, then stamp them both together and apply it.

If Milk Curd in the Breast, to Cure.

Take Gumtragacanth and Gum Arabick, of each alike, dissolve them in Rose-water, then put to the Mucilage the whites of raw Eggs, and Oyl of Violets; compound all well together, then make a Plaister thereof, and apply it.

To heal Ulcers in the Breast, although very grievous.

Take Oyl of Sulphur and touch them, then make this Ointment; Take the Yolks of new Eggs, 2 Ounces, Turpentine, Butter, Barley Flower, and Honey of Roses half an Ounce of each; Incorporate them all in a Mortar, and therewith dress them till they be whole.

Back Infirmities to Cure.

Against Pains in the Back, and coldness and weakness in the Reins, and want of an appetite to a Woman.

Take Parsnip Roots, as many as you please, let them be fair and great, cut away the tops, then put them into an Earthen Pot with Water, and double the Roots in Sugar, then boyl them with a slow Fire till they be tender, then take them out and lay them on a Grid-Iron to cool, then pair them and take out their Piths, and then put them into a new Earthen Pot glazed, put to them as much clarified Honey as will cover them, and boyl them till the Honey do thoroughly penetrate them; then take them from the Fire, and put to them two parts of Cloves, and

and one part of Cinnamon and Ginger, then bray them with the Roots together, and being well mixed, take thereof fasting one Ounce at a time, and you will find a marvelous effect.

Against Pain in the Back and Reins. This bath helped many grievously afflicted.

Take a new laid Egg, beat it well in a Porringer; then take four Spoonfuls of White-wine, and two Spoonfuls of red Rose-water, one Penny-worth of Sugar-candy in powder, mix them well with the beaten Egg, and drink it up fasting: as much at Night will not hurt you.

To Strengthen the Back, and to take away pains and aches there.

Take Paracelsus's plaister, Melilot plaister, Diapalma, Diachylon, and plaister of Minium of each a like, incorporate them together over the Fire, make a plaister on Sheeps Leather, and apply to the Reins and Back.

To strengthen a weak Back.

Take Nep, Clare, and the Pith of an Ox-back, chop them very small together; then take the Yolks of three new laid Eggs, beat them well, then strain them, and fry them together, then eat it fasting and drink a draught of Sack after it. Use this six or seven times together.

Barrenness to take away.

To Stir up to Venery.

Take half a Drachm of Cloves, whole or in powder, boyl them in Milk and eat it.

To help Conception.

Take Daucus, otherwise called wild Carrets, boyl them in

in Wine, and taken, helps Conception, and provokes Lust.

To stir up sluggish Husbands.

Take Green, or Candied Ginger, and eat thereof often, and especially Morning and Evening.

To make Barren Women Fruitful.

Take of the Syrup made of Sinking Arrach and Sugar; if it be to cleanse the Womb, then make it with Honey.

To stir up Venery.

Take half a Drachm of Mustard-seed in powder in Wine at a time, it mightily stirs up to bodily Lust.

To help slippery Wombs to retain Conception.

Take a quantity of the juyce of Sage, with a little Salt, and take it four several days before Carnal Copulation, it helps to conceive, and retain the Birth.

To provoke Carnal Copulation.

Take of the Milk of a red young fat Cow, one quart, of Wood-Honey, or Manna full of white Grains half a Pound, put it in the Milk, and seethe it 'till the Honey cannot be seen hardly. The Dose is two Ounces Fasting.

To prevent an imminent Abortion.

Take true Eringo Roots, stamp them very small, and bind them on Plaster-wise a little under the Navel of the Belly.

To help a Woman to Conceive.

Take the powder of Mugwort, as much as will lye on a Six-pence in a Glas of White-wine every third Morning fasting, helps.

Bruiſes,

Bruises, Hurts, Congealed Blood to Cure.

To take away black and blew Spots, coming of stripes and bruises.

Take Rheubarb and boyl it in Wine, and bathe the part, or anoint the place with Oyl, wherein Rheubarb hath been boyled.

A Powder against Falls and Inward Bruises.

Take Bole Armoniack, Dragons Blood, and Mummy, two drachms of each, Sperma Cœti one drachm, Rheubarb half a drachm; make them all into Powder, and give half a drachm or more at a time in Wine.

For all sorts of bruises and hurts in any part of the Body.

Take the Leaves of Bugle, Scabious, and Sanicle, of each a like quantity, bruise them and boyl them in Hogs Grease, until the Herbs be dry, then strein all into a Pot, and stop it up close. It is of singular use to cure all hurts in the Body, if anointed therewith.

Against all Bruises, Hurts, Wounds and Inflammations.

Take Paracelsus Platter half an Ounce, Diapalma as much, green Melilot one quarter of an Ounce; incorporate them over the Fire, make Plasters of it and apply it. This is good also against all Inflammations coming of heat.

The Vertue of Paracelsus's Styptick Plaister.

Its Vertues are great and excellent; It keeps back the concourse and falling down of Humours; it dries superfluous Moisture, it will expell Wind, it cures a Bruise or Ache, it heals Wounds and Ulcers, breeding nothing but sound Flesh; it defends from Putrefaction, and will keep free from Corruption forty Years.

For

For black and blue Spots and Creeks in the Neck.

Take Mustard-seed, powder it well, then mix it with Honey, and apply, or make the Powder up in Wax, and apply it. This is good also against the crick in the Neck by Cold.

Burnings and Scaldings to Cure.

Against Burning with Gunpowder.

Take the whites of Eggs, and Housleek, and stamp and beat them well together; then wet a Linnen Cloth in the liquid Matter, and lay it thereon where it is burned, and still wet the Cloth therewith on the outside thereof, that it may not remain dry, and this will fetch out the Fire and heal. *Probat.*

For a Burn.

Take Castile Soap, put it in a melting Pan over the Fire, and stir it till it be as thick as a Salve, then make Plasters thereof, and lay on the burnt place.

To heal a Burning or Scald without any Scar.

Take Sallet Oyl, well beaten in fair Water, or Unguent. Populeon, and therewith anoint the Burned or Scalded place three days twice a day, and it will fetch out the Fire.

Then take the inner Bark of Elder, Harts Tongue and Housleek, of each four Drachms, Sheeps Trickle one Handfull, Sheeps Suet four Drachms, boyl them together to a good thickness, and put thereto Wax 1 drachm, then strain it, and Plaster-wise apply it to the Grief, twice a Day till it be whole, without Scar.

C

Another

Another for the same.

Take of the Juice of Plantain, Housleek, and the lesser Comfrey, of each 4 Ounces, of Sheeps Dung (dissolved in the said Juices) 2 Ounces, Sheeps Suet 1 Pound shred, then boyl them together over a gentle Fire to a due height, then strain it, and reserve it for your Use.

Against Burning and Blasting, by Gunpowder, or Lightning.

Take of the Juice of Purslain, and mingle it with as much Oyl of Roses, and anoint the part therewith, Morning and Evening.

To Cure Burning and Scalding.

Take the Oyntment of white Lillies, and anoint the part first, and then Morning and Evening apply the said Oyntment Plaster-wise.

Baldness to help.

And this will bedeck a bald Head, or other part with Hair.

Another.

Take the distilled Water of the Sperm of Frogs, and bathe the part well, letting it dry of it self, and then lay Clouts wet therein on it.

Bitings by Mad Dogs, Serpents, &c.

For the Biting of a Mad Dog.

Take of Gentian Root in Powder 1 Drachm, and give in Carduus Water. Or,

Take Gentian Root in powder 30 Grains, of Rue in Powder 1 Scruple, of Pepper powdered 5 Grains. Give it in Angelica Water.

Against

Against the Bitings of Serpents, and of a Mad Dog.

Take Agrimony, boyl it in Wine, and drink the Decoction for Serpents; and for a Mad Dog take the Leaves of Agrimony, bruise them and bind them to the bitten place.

Against the Biting of an Adder or Viper.

Take 1 Drachm of the tops of the Stalks and Flowers of great Century, beat them into powder, and drink them in Wine. This is a very good help.

Against the Stinging of Bees and Wasps.

Take of the Leaves of Marsh-mallows, bruise them, or rub them on the place, and it will take away the pains, redness, and swelling.

Cordials.

An Excellent Cordial.

Take the Flowers of Marygolds, and lay them in Brandy, till the Tincture be fully taken out, then pour it off from the Flowers, and over a few Coals vapour away the Tincture, till it come to be thick like an Electuary.

A Cordial against Wind in the Stomach, or any other part.

Take 6 Spoonfulls of Pennyriall Water, and put thereto 4 drops of the Oyl of Cinnamon, mix them, and drink it any time, Fasting 2 Hours after.

A Cordial for the Head and Stomach.

Take a preserved Nutmeg, and cut it in 4 Quarters, and Eat 1 Quarter of it at Breakfast, and another in the afternoon. This is very good.

Physical Receipts.

A Cordial to be taken at Sea, and good any where else.

Take Syrup of Clove Gilly-flowers 1 Ounce, Confectio Alkermes 1 Drachm, Borrage-water 1 Ounce and a half, of Mint-water as much, of Mr. Mountford's VVater, or other hot Cordial Spirit as much, and as much Cinnamon VVater; temper all these together, and take a Spoonfull at a time, when you see cause.

Two Cordials to be taken in a Burning Fever.

Take a quarter of a Pint of Mace Ale, sweeten it with half an Ounce of Syrup of Gilly-flowers, and give it to Drink in their Burning Fit. Or,

Take the Juice of an Orange, and as much red Rose VVater, mix them and sweeten them with white Sugar Candy: these will refresh the Spirit, and cool and allay their Drought.

Loss of Carnal Copulation.

*To increase Seed, and provoke to Lust, Purge with Benedict.
Lax. 1 Ounce.*

Take of the Electuary Dialatyrion, Colon. 2 Drachms fasting, or an Hour before Supper in a Cup of Wine, or on the point of a Knife. Purge the Reins first.

To fit the Yard for Exercise, and to stir up Venery.

Take Oyl of Lillies 1 Ounce and half, Oyl of Castor half an Ounce, Pepper, Nigella, Pellitory, a Scruple of each, Myrrh half an Ounce, Euphorbium 3 Grains, VVax as much as to bring it to an Ointment, and there-with anoint the Privities.

To

half an Ounce, mix them, and take thereof first and last the quantity of a Nutmeg.

For a Chin Cough.

Take a handfull of Rue, stamp it and mingle it with English Honey, and make a Conserve; give of it first and last, and at other times, the quantity of a Damson at a time.

For an extream Cold or Cough.

Take Hyssop Water 6 Ounces, red Poppy Water 4 Ounces, 6 Dates, 10 Figs, slice them small, 1 handfull of Raisins of the Sun stoned, the weight of a Shilling of the Powder of Liquorice; put these into the said Waters, then let them stand 5 or 6 Hours upon warm Embers, close covered, but not Boil; then strain it forth, and put in as much Sugar of Roses as will sweeten it: Drink of this first and last, and at 4 in the Afternoon, 4 Ounces at a time.

Against a Cough and Distillation of thin Rheum.

Take Olibanum in Powder, and mix it with Conserve of Roses, and first and last, and oftner if need be, take the quantity of a Nutmeg on the point of a Knife at a time.

Against a Cough, Wheefings, Distillations, and Shortness of Breath.

Take of Wood Betony in Powder, mix it with pure Honey, and take it as in the last Receipt before is specified. It is very available.

Another for the same, most Excellent.

Take Hyssop and Rue of each a like quantity; cut them and boil them in white Wine; then dulcifie the Decoction with Honey, and take a Draught of it first and last, and oftner if need be. It is excellent.

For a Chin Cough.

Take wild Thyme, boil it in white Wine, and drink of the Decoction often, and first and last. A better Remedy for this Infirmitie scarce grows.

For a perillous Cough.

Take Sage, Rue, Pepper, and Cummin; of each of the Herbs a like quantity, and seeth them together in white Wine; dulcifie the Decoction with Honey, and take thereof first and last, and oftner if need be, 1 Spoonfull at a time.

Consumption.

Against a Consumption.

TAke Rice beaten to Powder, and sifted clean from the Husk, then seeth it in Milk of a Red Cow, then season it with Sugar, and a little Cinnamon and Mace; then take a few blanched sweet Almonds, and stamp them, then strain them into the Milk; the eating a Breakfast of this cures a Consumption, and helps Conception.

Another, and which restoreth Nature lost.

Take good Malmsey, or Malaga 1 Pottle, put in it as much Crum of white Bread, hot out of the Oven, as will suck up all the Wine; add thereto of Cinnamon powdered 4 Drachms, and 10 Cloves bruised; then distil them in *Balneo Mariae*; then add to what is come over, so much Sugar as will fit your Taste, with 2 grains of Musk. The Dose is 3 Spoonfulls first and last.

For a Consumption, a Distillation, and to restore Strength.

Take Rose-water 3 Pints, Old Malaga 3 Pints, new Milk 1 Pottle, gross Pepper 1 Ounce, Cinnamon 2 Ounces, of sliced white Bread 1 or 2 Penny Loaves, the Yolks of 12 new laid Eggs beaten, or more, of Sugar 1 Pound; Distil all these so long as any Water will come; take of this

this Water (with a little Pepper) a Draught fasting, and you will find much good by it.

For a Consumption and Cough of the Lungs.

Take new Milk of a red Cow 2 Quarts, a quantity of Shell Snails, taken out of their Shells, what sufficeth, Flower of Sulphur half an Ounce, or less, the Yolks of 4 new laid Eggs beaten; boil them well together, then strain it, and dulcifie it, and Eat thereof first and last.

Another for the same.

Take Benjamin in Powder, as much as will lye on a Groat, as much Flower of Brimstone, the Yolk of a new laid Egg, 1 Spoonfull of red Rose Water, brown Sugar Candy, as much as a Walnut in Powder, mix them, and take this Dose in the Morning Fasting, and Fast 2 Hours after it. Do thus 9 Mornings together, and be whole.

An excellent Remedy against a Consumption.

Take a Pottle of Rose-water, of Goats or Asses Milk, or the Milk of a Cow all of one Colour (in want of the other) and put therein only the Yolks of 50 Hens Eggs, new laid, beat the Yolks, and mix them well with the Milk and Rose-water; then Distil them, and give of the Water Distilled to the Patient, first and last warm, with a Cake or two of *Manus Christi*, made of Gold and Perls. This is excellent.

For a Consumption, and Cough of the Lungs.

Take 1 Pound of the best Honey, dissolve it in a Pipkin; then take it off the Fire, and put into it 2 Pennyworth of Flower of Brimstone, as much of Powder of Elicampane, as much of Powder of Liquorice, 2 Pennyworth of red Rose-water; then stir them well together, and put it in a Gally Pot close stopped: Take as much thereof at a time, as half a Wall-nut, first and last, and at any time in the Day or Night when the Cough troubles you, and let it melt down your Throat by degrees.

To restore a weakened Person by Sickness, and to preserve from a Consumption.

Take 3 Pints of good new Milk, and put thereto 1 Pint of red Wine, with the Yolks of 24 Hen Eggs, new laid, beaten together; then put in as much fine white Bread, as shall suck up the Milk and Wine; then Distil it with a soft Fire, and take a Spoonful of this Water in your Pottage or Drink; and this in 1 Month will prevent the Consumption.

For a Consumption.

Take a Breast of fat Pork, boil it in red Cows Milk, and drink thereof a good Draught first and last, and at 4 in the Afternoon.

Against a Consumption, and to restore a decayed Nature.

Take Goats Milk 1 Quart, Rice beaten and sifted 4 Ounces, Sugar 1 Ounce, the Flesh of Dates 1 Ounce, Beef Marrow 2 Spoonfuls, Cinnamon half an Ounce; Boil them all together, and Eat thereof Morning and Evening.

Convulsion and Cramp.

Cramp to Cure.

TAke Brimstone and Vervain, beat them together, and bind them on the Pulse, and be ever freed.

Against Convulsions in Old and Young.

Take 30 Piony Berries, husk them, then make them into Powder, and drink off as much as will lye on a Sixpence at a time in white Wine, first and last.

Against

Clysters.

A Clyster to Purge Choler and Phlegm.

TAke a pint of Milk, brown Sugar 3 Ounces, a little Salt, whereof make a Clyster, and with a Pipe put it into the Body.

This must be given not too hot, nor too cold, about Four of the Clock in the Afternoon, and two Hours after drink a Draught of Mace Ale.

Take a pint of Milk, make it into clear Posset-Drink with a Quart of Beer; then take off the Curd; then put in the Posset-Drink, Anniseed, and sweet Fennel-seed, of each 2 Ounces; boil these to half a Pint or more, then strain it out hard, and dissolve in it 2 Ounces of brown Sugar Candy, and a little Bay-Salt, with 2 Spoonfulls of Oyl Olive, and put it up.

Another.

Take a pint of new Milk, making it scalding hot, then take it from the Fire, and put into it the Yolk of a new laid Egg beaten, with 2 Ounces of brown Candy, or brown Sugar, and put it up Blood warm.

To heal the Ulcerations and Flux of the Guts.

Take the Juice of Purslain, and put it up into the Fundament with a Clyster-pipe.

Dropfie.

Against the Dropfie, an Ointment.

TAke Unguentum Artanitæ Mesue, and Unguentum Agrippæ, of each alike, mix them well, then anoint the Belly twice a Day: If you anoint the Stomach, it will

will cause to Vomit, if the Belly then it purgeth by Stool, and emptieth the Belly of much Water. Note, That before every anointing, you must rub the Belly well with a dry Cloth that is pretty course.

An excellent Drink for the Dropsie.

Take 1 pottle of white Rhenish Wine, Cinnamon beaten 1 Ounce, 1 pint of green Broom Ashes; put them together in an Earthen Bottle 48 Hours, stir them often, then drain them through a piece of Cotton twice, then drink of it 1 quarter of a Pint cold in the Morning, another 1 Hour before Dinner, another 1 Hour before Supper, and another when you go to Bed. Usually 1 Pottle heals, if not, use more.

Another.

Take the inner rind of Elder, and boil it well in sweet Wort, then drink half a pint thereof Fasting, it Cures. *Probat.*

An excellent Purge against the Dropsie.

And every third or fourth Day Purge the party with your usual purge in Conserve of Roses.

Ears, Noise and Deafness.

Against Noise and Singing in the Ears.

TAke the Juice of Summer Savory, heat it, and mix with it a little Oyl of Roses, or of Amber, and drop thereof into the Ears warm.

Another for the same.

Take a Clove of Garlick, peel it, make two or three holes through, and fasten it to the end of a Thread, then dip it in fine English Honey, and so put it into the Ear

and stop it in with black Wooll, and lye on the other side; let it lye in 7 or 8 Days, you may pull it out by the Thread.

Another for the same, very excellent.

Take Oyl of Castor, Oyl of Roles, Oyl of sweet Almonds, of each 1 Ounce; mingle them with a little quantity of *Aqua Vitæ*, boil them to the Consumption of the *Aqua Vitæ*, and put 3 or 4 drops in the Ear to Bed-ward, and stop it with Cotton and a grain of Musk.

To get an Ear-wig, or other Worm out of the Ear.

Take the Juice of Wormwood, Rue, and Southernwood, of each alike, mingle them well, whereof put some into the Ear, and bind a Plaster of the said stamped Herbs to the Ear. This will kill it in five Nights.

Or,

Take a piece of an old Apple, and bind it into the Ear all Night, and lye on the same side all Night, and in the Morning quickly pull out the Apple, and the Worm will come with it.

Evil Digestion to Cure.

To help Concoction.

TAke common Salt 1 ounce and a half, Pepper 6 drachms, Cummin-seed half an ounce, Caraway-seed, Cinnamon, Zedoary, of each 3 drachms, Ginger and Mace of each 2 drachms and a half; powder them, and mixt, eat it as Salt with your Meat.

To help Digestion.

Take half a drachm of the dried Root of Lovage in fine Powder in Wine often; it doth wonderfully warm a cold

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Stomach, helpeth Digestion, and consumes superfluous Moisture there, easeth inward Gripings, expelleth Wind, and resisteth Infection.

An excellent help to Digestion.

Take Mustard-seed and Cinnamon 1 drachm of each, beat them together into fine Powder, then add half as much of Mastich in powder, and with Gum Arabick dissolved in Rose Water, make them up into Troches of about half a drachm weight a piece, and eat one of them 1 Hour or 2 before Meals. *Let Old People make much of this Medicine.*

Eyes Sore, to Cure.

To take away all spots in the Eyes, and superfluous Water.

TAke of clear Antimony 10 grains, red Rose Water 3 ounces, mix them together, and let them stand 24 Hours, then drop 4 or 5 drops of the clearest into the Eyes twice a Day.

A Powder to preserve the Sight.

Take Eye-bright, Betony, of each 1 handful, Mace and Fennel-seeds, of each 2 drachms, make them into powder, and give thereof at a time half a drachm first and last, in Broth or Beer.

A Jerusalem Collyrium for sore red Eyes, which Itch and Burn.

Take *Tutia Alexandria* 1 ounce, beat it into fine powder, then mingle it with 1 quart of white Wine, and put thereto dried Roses 1 ounce, boil it with a soaking Fire, till half be wasted, then strain it into a Glass, and stop it close.

Physical Receipts.

close, and Morning and Evening drop some in your Eye. But purge the Head first.

Pills to Purge the Head and Eyes of Rheum.

Take *Extractum Rudij* 1 scruple, Resin of Jalop 4 gra. Oyl of Guaiacum 2 drops; make them into Pills, and take them at once.

A Water to heal all manner of sore Eyes.

Take Fenel, Vervain, Roses, Celandine, and Rue, of each 2 ounces: distil them, and wash thy Eyes therewith twice a day.

To clear the Sight very well.

Take Rose Water in a Sawcer, then take clean Myrrh the quantity of a Nut, bring it into powder, then tye it in a Linnen Cloth that is clean, and let it lye in the Rose-water 12 Hours, then with a Feather wash thy Eyes therewith twice a day. *Probat.*

To keep back the Humour that flows to the Eyes and Teeth.

Take Mastich and Frankincense in fine powder, of each alike, make them into a Plaster, with white Wine and the white of Eggs; lay it to the Temples.

An excellent Collyrium for sore Eyes.

Take old white Wine 1 pint, white Rose Water 4 oun. *Tutia Alexandria* 1 drachm; mix these and strain it, then beat the Whites of roasted Eggs in a Mortar, then pour the Wine and Rose-water on them, then strain it out hard, keep it close, and wash with a Feather twice a day.

For a Weft on the Eye-lid, that darkens the Sight.

Take the Juice of Fenel, and wash it therewith, and drop thereof 3 drops into the Eye, twice a day. It will take away the Weft immediately, and restore the sight.

An excellent Water to Cure all Griets in the Eyes whatsoever.

Take of unslacked Lime 3 ounces, infuse it in a pint of Rain Water in a Jar Glass 3 days; stir them well together, then let them settle 24 Hours, then cant off the clear very clean, add thereto the whitest Sal Ammoniack, powdred

Physical Receipts.

very finely 10 drachms; let it dissolve therein by standing and by stirring often, then let it settle, and filtre it, drop 3 drops of this into thy Eye at a time, Morning, Noon, and Night, 'till you be well. This cureth all Spots, Perls, Webs, Films, Cankers, Burnings, or any thing else in the Eye.

To destroy a Pin and Web in the Eye.

Take of Spirit of Vitriol 1 drop, drop it into the white of an Egg hard roasted, and it will turn it into Water, of which Water drop into thine Eyes Morning, Noon, and at Night.

To heal all sorts of sore Eyes.

Take the Herb Bucks-horn Plantain, a quantity, bruise it and boil it in Ale or Wine, and drink thereof for some Mornings and Evenings together, a Draught; it stoppeth all Distillations, and helpeth.

To Cure the Obstructions of the Optick Nerves.

Take the true Herb Valerian, see the it in Wine, then strain it, and let the Patient drink of it as his common Drink 3 or 4 Months together.

The best Remedy for redness of the Eyes.

Take white Vitriol, make it very pure by often dissolutions and coagulations, 1 drachm; then dissolve it in Rain-water 10 ounces, then filtre it divers times through brown Paper, then add to it 1 scruple of common Salt.

For a Pin, Web, or Perl in the Eye.

Take white Ginger, and grind it to powder on a Whetstone into a fair Basen, and add to it as much Salt as the Powder, then grind them well together in the Basen, and temper them with white Wine; then let them stand 24 Hours, then cant off the thin part that lies above into a Glass, stop it, and going to Bed, with a Feather wash thy Eyes, and be whole.

A precious Pill against all Fluxes of the Eyes.

Take the Leaves of Senna, of Turbith, of each 2 drachms, *Pil. sine quibus esse nolo* 3 drachms, Fenel-seed 2 drachms.

pow

Physical Receipts.

powder them, mix them, and with Syrup of Fumitory, or of Apples make a Mass; the Dose is 1 drachm, 'till you be whole.

Falling Sickness.

Against the Falling Sickness.

Take of the best rectified *Aqua Vita*, without Phlegm, 1 pint, Oyl of Vitriol 1 Spoonfull, mix them well together, and let the Patient drink thereof first and last, and he shall be holpen, although he have had it 10 Years, and fell every Hour.

Another.

Take that part of a Womans Skull, that groweth on the hinder part of the Head (it is whiter than the rest of the Skull) beat it very fine to powder, and give the party as much as a Pea at a time in Syrup of Violets.

To raise one that is fallen quickly.

Take of Rue and Wormwood of each a handfull, and make them into a mixt Powder together, and blow some of it by a Quill into the Nose of the party that doth fall, and he will rise presently.

To cure the Falling Sickness.

Take the Roots of Male Peony, for a Man (and the Roots of Female Peony for a Woman) wash them clean, then stamp them somewhat small, and put it in Sack to infuse 24 Hours at the least; then strain it and drink a good draught thereof first and last, for sundry Days together, next before and after the Full of the Moon.

Against the Falling Evil.

Take single Peony Seeds and beat them in a Mortar to

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powder, take as much of it as will lye on a Shilling, in 3 or 4 spoonfulls of black Cherry Water, before and after the Full of the Moon, for divers days together Fasting.

Another that will not fail, good for Women.

Take the Roots of Peony beaten to powder, 1 drachm in VVine, Ale, or Broth, given in a Morning some days before and after the Full of the Moon, it Cures the Falling Sickness, if not too far spent; for it drives away all passions from the Brain, Heart and Spleen: also it helps the windiness of the *Matrix*, suffocation of the Mother, and stopping of the Courses; and will give easie deliverance to VVomen in Labour.

Fistulae.

A perfect way to Cure a Fistula.

Take Alam 2 pound, as much of white Copperas, beat them to a fine powder, then put it into an Earthen Pan, let them dissolve to VVater over a quick Fire, then take 6 ounces of Verdigrease, 4 drachms of white Mercury, both made into fine powder; then put them into the former VVater, stir them well together, and let them boil to a Stone, then beat it into powder, and mix with it 6 ounces of Bole Ammoniack made into fine powder, which keep in a Box for your use: Then take a gallon of Smiths oldest VVater, let it boil in a Kettle and shake in as much of the said powder by little and little, as will lye 6 times on a Shilling, let it boil a walm or two, then take it from the Fire and let it settle, then pour the clearest into a Glass, or Bottle, and keep it for use. And that is, to pour out as much of the VVater as will wet two Cloths

Cloths 3 or 4 times double, and lay them one after another all over the place grieved hot, wringing them first to prevent the running about of the VVater. Do thus with clean Cloths twice a day, the VVater stains and poisons that which drinks it in. This is an absolute Cure of the Fistula, and never fails.

To Cure Fistulae, and old Sores and Cankers, most admirably.

Take Oyl of Vitriol 1 ounce, put it to 3 pound of Saturn filed into 5 parts, and let it be all eaten with the Oyl of Vitriol by degrees, one part after another, and when you have a good quantity of it, put it into a Retort, and put in with it 1 pint of white VVine, and distill it in Sand twice from the *Faces*, and your Medicine is perfect. This is excellent.

To Cure a Callous Fistula.

Take of the Root of black Hellebore, bring it to powder, and leave of it in a callous Fistula, two or three days together, it will consume it quite.

A Drink to Cure the Fistula.

Take Valerian, Tormentil, Clove-gilly-flowers, red Beets, red Chick-weed, Pellitory of the VVall, *Galanga*, Zedoary, Bay-berries, of each a like quantity, boil them all in white Wine, then strain it, and give of the decoction first and last, 4 spoonfulls at a time.

Fluxes.

Fluxes.

Note, *Venice Treacle* is good against all Fluxes of the Belly.

For the Flux, a pleasant Medicine.

Take Sallet Oyl half a pint, Nutmegs beaten half an ounce, Cinnamon in powder 1 ounce, Mace 1 quarter of an ounce, fine Sugar half a pound; mingle these together, and eat of it 3 or 4 times a day. This hath Cured many.

An excellent Potion against all sorts of Fluxes.

Take Syrup of Roses, and Syrup of Mints, of each 1 ounce, of Bole Ammoniack 1 drachm; incorporate them together, and with some red VVine make a potion. This also is good against too many Reds and Whites in VVomen.

A perfect Cure of the Bloody Flux.

Take Conserve of Roses 1 ounce, *Crocus Martis* 1 scruple; mix them well together, and take it on the point of a Knife first in the Morning, and Fast 2 Hours after. It Cures though it hath been of a long continuance. *Probat.*

Against the Flux Diarrhoea, and Dysenteria.

Take every third day at a time 10 grains of *Crocus Martis* in Juice of Sloes of the VVood: This is an excellent Medicine.

Another for the Dysenteria.

Take 20 Yolks of boiled Eggs, Nutmegs beaten to powder, 2 ounces, red VVine 2 quarts; let them infuse 1 Night, then distil them in *Balneo* according to Art: The Dose is 2 ounces Fasting.

A Plaster of great use.

Take Bole Ammoniack, Dragons Blood half a drachm of each, Mastich 1 drachm, Myrrh half a drachm, *Venice Turpentine* 3 drachms; beat what is to be beaten into fine powder, and with Rosine and Wax what sufficeth, make them all into a Plaster, and lay it upon the Navel and Belly.

French Pox.

If Buboes appear, then let him not Blood by any means. But no Buboes appearing, then let him Blood in the beginning in the Vein called Hepatica in the right Arm. Then empty the Body by degrees of all the Evil, Venomous and Malicious Humours, for which none are better than *Extractum Rudij* in Pills; or *Mercurius Dulcis* proportionably made up in the said *Extractum*, will do far better: But if that do not succeed, then if necessity require, you must empty the Humours by Fluxing.

Pills to Flux in the Cure of the French Disease.

Take Sagapenum dissolved in white Wine 2 ounces, Salt of Guaiacum, *Colocynthis*, *Diagridij*, of each of them 1 ounce, Turbith Minerale 10 drachms, Musk 1 scruple, Oyl of July-flowers 12 grains; make them into a Mass; the dose is from 12 grains to 20 grains, for ten days together in the morning, or until the Patient sufficiently doth Flux at the Mouth.

If his Throat or Mouth be sore, to Cure.

Take one penny worth of red Sage, French barley two handfulls, Roch Allom in Powder 2 Ounces, with Mint and

Take roses half a handfull of each, boyl them all in one quart of water, then strain it, and while it is hot dulcify the Colature with hony: With this warmed, wash, gargle, and syringe the Mouth and Throat twice or thrice a day. *If Pustules, Scabs and Sores break out, heal with this ointment.*

Take Unguent. Egyptiacum one Ounce, mingle it with one drachm of Mercurius Sublimate, and anoint therewith: and if it smart beyond Suffering, then take plantain Water, fumitory Water, and Rose Water, of each alike mingle them, and touch the smarting part with it, and it will assuage the pain.

If Nodes, or knobs, or wheals appear, then use this.

Take plantain and Rose Waters of each 1 pint, roch Allom and Sublimate of each 2 drachms, bray the two last into powder, put them together into a pipkin, boyl them till half the Water be consumed, then let it settle, and cant off the clear into a glass: and when you use it, mingle some of it with a tripple portion of plantain and Rose Water together, and then touch them therewith: And if they be on the face then first anoint them with Oyl of Scorpions, or the fat of a henn.

To preserve the Nose.

Take waters of Rose, violet and plantain of each alike a little wine Vineger, roch Allom in powder a little, and a little hony, dissolve them over the fire, and let the patient snuff up strongly into the Nose; this cures and heals.

If the teeth be loose, fasten them with this.

Take plantain water, mix it with Oyl of Sulphur, and touch therewith the Gums, and after they be mundified, wash well thy Teeth and Gums with thy lotion afore-said.

If a Bubo appear in the groin, Cure it thus.

Take Emplastr. Paracels. diachylon Magnum, flos Unguentorum, diachylon cum gummi, Emplastr. Mucilaginis, Emplastrum de Melilot. of each alike, then incorporate

Ph. cal Receipts.

corporate them together over a gentle fire, then make plasters on sheeps leather, and apply it to the Bubo morning and evening warm.

And when it is broken, use the same plaster, only add to it in the melting more of Flos Unguentorum and Emplastrum Betonica more than the rest, and that will draw it and heal it, only at the close use Emplastr. *Gratia Dei*, and that will close up the botch well.

Now when all the evil humors are prepared, purged and emptied, you must come to your dyet drink.

The first simple decoction.

Take (In Winter) one Pound and a half of Guaiacum 18 pints of Water; but in Summer (when it will not keep so long) Guaiacum 6 Ounces, and water 6 Pints, in both which the wood must be infused 12 hours or more. Let the water for the infusion be warm, almost seething hot, and keep the pot close stopped, let the decoction boyl till half be wasted: so much for the first decoction: always remembring, to save the Scum or Froth, for that is good to anoint the Pustules and Scabs.

To make the second Decoction.

Take the same wood without infusing any more, and boyl it again in the same quantity of Water to the consumption of a third part.

The quantity of these is to be taken according to the strength of the party from 4 Ounces to eight Ounces, and in a Child from 4 Ounces to six Ounces, and not exceeding ten Ounces when the disease is most rebellious, and always must be taken very hot, and sleep upon it if you can.

The first Decoction you must take first and last; and the second Decoction, at and between Meals: some take this decoction 30 days, some 40, some 60 days, to make the more surer Cure.

Their Meat must be roasted dry at Noon, and their Sup-

upper must be sweet Almonds, Raisins of the Sun stoned, and fine Bisket, or Bread made of the finest Flower.

And let him forbear Venery as he tenders his Life, and all chafing, fretting, and impatience, for that inflames the Blood, stirs up Cholerick Humours, and is a great Enemy to the Cure.

To Cure the said French Disease a more private way, with great Secrecy.

To Salivate without Fluxing.

Take 2 drachms of *Mercurius Sublimatus*, put it to infuse in 1 quart of warmed Spring-water 24 Hours; then take 2 spoonfuls of that Infusion, and mix it with 2 spoonfuls of crude Spring-water, and give it to the Patient every Morning Fasting; and this will cause him to Salivate at the Mouth, and yet go about his Business: Then

It will Work in half an Hour.

Take *Extractum Rudij*, *Pil. Aggregativ.* of each 3 drachms, *Pil. Tartar.* *Pil. Coch.* *Pil. Fumar.* of each two drachms, *Mercurius Dulcis* 3 drachms, Oyl of Guaiacum 18 drops; make 40 or more Pills, and take 3, 4, or 5 Pills at a time, every other Night going to Bed. And use this Diet in his Salivating and Purging times.

His Diet.

Let the Patient sometime eat Broth made of Mutton, or knuckles of Veal or Mutton (without Oat-meal) only a crust of Bread boild with the Meat; his Drink must be small, and sometimes sweetned with Sugar, to streng-

ngthen the Stomach; and when he is Faintish, give him a little burnt Claret, and a rear Egg extraordinary in the Morning, another at Noon, and one at Night. And after for his Diet Drink.

A marvellous good Diet Drink to Cure the foul Disease.

Take 6 gallons of the purest white Wine, as much stale Ale, Salsaparilla 1 pound and half, Liquorice and Senna 1 pound of each, of the Bark of Guaiacum 2 pounds, Colloquintida 1 ounce, boil altogether for the space of 24 Hours, over a soft Fire in Balneo Mariæ, and when it is so boiled, put therein 1 ounce of Mithridate; then take it off, and put it into some earthen Pot, and stop it close; then take a little earthen Cruise, and draw it full out of the steyn, and so drink the Cruise full, first and last, and at Noon; and this will cleanse both the inward and outward parts, and make you very sound ever after.

Another Diet Drink for the same, more cheaper.

Take Guaiacum half a pound, Salsaparilla 2 ounces, the Bark of Guaiacum half an Ounce, Polypodium of the Oak 2 drachms, Anniseeds, Fennelseeds well bruised, of each 2 ounces, Raisins of the Sun stoned 2 handfuls, a little stick of Liquorice bruised; let these be infused in a gallon and half of Spring-water, and let them boil to the consumption of 2 quarts; then boiling hot add to it 4 ounces of Senna, and half an ounce of Rhubarb, and when it is cold strain it, and drink half a pint every Morning Fasting.

If the Party be Costive, this will make him Laxative.

Take Manna 1 Ounce, Syrup of Roses with Agarick 1 ounce, Confectio Hamech 2 drachms, mingle them into a draught in half a pint of white Wine, warmed over the Coals, and take it Fasting.

A notable Plaster to resolve and spend away all Nodes, if taken in time, before they are confirmed, and the Bone foul.

Take of Mercury 8 ounces, Lead 6 ounces, melt the Lead first in a Crucible, and after a little cooling, put in the

the Mercury to the lead, and shake them well together in the crucible, and when it is cold take thereof 6 ounces, Turbith mineral 1 ounce, Cinnabar 3 ounces, beat them in an iron Mortar till they come to a fine powder; then have in readiness Gum *Ammoniacum* dissolved in distilled Vineger thirty ounces, the fat of vipers 4 ounces, and (for delicate Persons, Musk four scruples) mix them altogether alike, and apply it to the Nodes plaster-wise.

And within a week or fortnight of his Cure, you must have him into a hot house twice or thrice a week, to perfect his Cure.

Note, In this sickness, let the patient beware of taking cold in that place: And beware of costiveness, and keep your arse and buttocks warm; And sit not upon the cold earth, nor upon the stones, nor upon a hard thing, but put something under thy buttocks.

Against the falling of the Fundament.

Take Unguent. sumach, when the fundament is fallen, anoint it therewith, then put it up, and it will out no more.

Others for the same.

You may do the like with Bole Ammoniack, and with dragons blood, and with Myrrh every one by themselves, brought into fine powder.

Another for the same.

Take Olibanum in powder, and strew it on the tuell fallen down, and then put it up.

Face.

Face.

To take away Spots, Morpew, Freckles, and Sun-burning from the Face, Neck, Arms and Hands.

Take of the Juice of Lemmons 2 Ounces, Rose-water, Mercurius sublimat in Powder, 2 Drachms, Cerufs in Powder 2 Drachms; put it all together, then add to it, Borax 2 Drachms, Camphire 1 Drachm, both in Powder; mix them well together into an Ointment, with which anoint your Face going to Bed, and let it dry on. And in the Morning, wash thy Face with Butter and Rose-water mingled together. *Probat.*

To Cure a Swelled Face.

Take wild Crabs, gathered on Midsummer-day, and distilled in a Limbeck, and with the distilled Water of them, wash thy Face often, and the intent will follow. *Probatum.*

To take away all Freckles, Pimples, Spots, Redness, &c.

Take Unguentum Citrinum, and anoint the part going to Bed, and it will take them away.

A rare Secret to preserve the Beauty of the Face, Neck, Hands, Arms, &c.

Take Spanish Wine 9 times distilled, to every Quart, put 2 Ounces and half of sweet Benjamin in Powder; it is made in twelve Hours thus: Wash your Bottles clean, and let them be well dried; put in your Wine and Benjamin, and for two or three Hours shake them well together, then let it settle, and so use it thus; put a Spoonful or two of it into a Basin of fair Water, and it will turn it like Milk, with which wash; for it is the most excellent thing in the World to the purposes aforesaid, and for

the rareness of the Secret, is commonly sold for 20s. Pint.

For a white Scurf, or any extraordinary Pimples, Perls, or fiery Colour in the Face.

Take a pint of White-Wine Vinegar, dissolve in it one Ounce of Camphire, of Roch Alume one quarter of an Ounce, and a little Bay Salt, and let them stand together well stopped in a Glass, fourteen Days, then wash the part therewith. This helped a Gentlewoman's Face, that had a Scurf like a Leper.

To cleanse the Skin, and Beautifie the Face.

Take Oyl of Tartar one Ounce, Oyl of bitter Almonds one Ounce and a half, mix them, and wash the Face therewith often.

For a red Face.

Take the distilled VWater of Cucumbers; it Cureth the reddest Face that is, if often washed therewith.

A thorough Cleanser of the Face, Skin, Hands, and other Parts.

Take the Juice of Scabious, and put to it the powder of Borax, Camphire, and a little Bay Salt, and use it; this cleanseth the Face and Skin, and other parts, from Pimples, Freckles, Morpew and Leprosie.

To cleanse the Hair, used by the Female Venetians.

Take strong Lye made of Ashes, boyl in it Bryony Roots, then let drop into it some pieces of common Sope, and so let it stand three months.

To clear and whiten the Face and Skin, used by the Ladies of Venice.

Take VWater of VWhite Lillies one pint, of Sugar-candy in powder one ounce, VWhite Olibanum two Ounces, grind all to powder, and imbibe them in the aforesaid Lye, then distill them in a Limbeck, and thou shalt have a precious VWater.

GOUT.

GOUT.

A marvelous Remedy to Cure the Gout, it never fails.

Take half a pound of unwrought Wax, as much of Rosin, Labdanum one Ounce, Litharge of Gold Four Ounces, White Lead in Powder and searfed 12 Ounces, then take a pint of Neats-foot Oyl, and set it over a Fire in a Pot, and mingle it with the Wax and Rosin, and when it is melted, put in all the other Powders, then stir it with a Stick as fast as you can, until dropping a Drop into a Sawcer it appear hard, then take it from the Fire, anoint some clean, even Board, with Neats-foot Oyl, and as soon as you can handle it for heat, make it up into Roles, and with Plasters of Leather made thereof, apply it to the part grieved Morning and Evening, and if it remove, follow it with your Plasters till it be quite gone.

An excellent Remedy against the Gout and the Dropsie.

Take Extractum Catholicon, Pil. Hermodac. Pil. Arthritic. of each three scruples, mix them well and make them into Pills as big as a little Pea, take thereof at a time 5 Pills, three mornings together, about three or four of the Clock in the morning. It cures.

And for the Dropsie, take the same Pills as afore is last spoken of, only observe before you take the Pills, role hard the place grieved, for two or three daies together (or as cause requireth) with a Roler wet in Vinegar and Water. Both approved.

To Cure the Gout perfectly.

Take quick Lime, what you will, quench it in running Water, and then stir it about, till it be like a Hasty-pudding, then spread of it Plaster-ways upon a Cloth, and apply

Physical Receipts.

apply it to the part grieved, only one Plaster to a grieved part and no more, and lay on your Plaster as hot as the Patient can suffer it. Colour you Lyme with Saunders, or Bole Ammoniack, or Dragons Blood, that it may not be known.

Against pain in the Gout.

Take Aqua vitæ 4 drachms, Sage 1 ounce, Opium 1 drachm, Saffron half a drachm, Camphore, half a drachm, Oyl of Foxes 2 Ounces, let all these be well mixed, and make a Liniment, and anoint the grieved part; this is very Sovereign:

Against the hot and cold Gout.

Take Garlick and Houseleek of each alike quantity, stamp them very well together, till they be like a salve, and plaster-wise apply on a Cloth.

To ease any kind of Gout.

Take Opopanax and pulp of raisins of the Sun of each alike quantity, easeth any kind of Gout being applied plaster wise to it.

A sovereign Ointment against the Gout.

Take Oyl of Bays, Aqua vitæ, Juice of Sage, Vineger, Mustard, and Ox-gall of each alike quantity, put them into a Bladder, that is far too big to hold them and tye them up close, then chafe them up and down with your Hands one hour and half together; then have you as good an Ointment for the Gout as the World can afford:

Another for the same.

Take the herb Sparagus and stamp it very well, and then fill a walnut shell full of it stamped, and apply it to the place pained, bind it on, and in six or eight Hours, it will draw a blister, the which cut, and let out the water, then take a Colwort-leaf, and lay to it, till the Malady be remedied. *Note,* The flower Crowfoot will do the like, so Cantharides and Leven.

For

Physical Receipts.

For all sorts of Gouts.

Take one drachm of the electuary Catholicon going to Bed and in the Morning drink a good draught of warm posset drink, and then go about your Affairs, it helps Gouts of all sorts.

Another.

Take dwarf Elder, mingled with Bulls suet and stamped into a Plaster, it is a present remedy for the Gout.

Green-Sickness.

To Cure the Green-Sickness.

First cleanse the Body by gentle Vomits, then by Purges, or both together: Then

TAke of Steel in fine powder 1 ounce, fine Sugar beaten small 5 ounces, Mace, Cloves, and Cinnamon, of each 1 drachm, dry the Sugar and Spices very well by the Fire, then beat them to powder and keep them very dry by the Fire in a Box, that the Steel may not rust, and keep them well mixt; then take every day Fasting a good spoonful of it dry, and walk 1 Hour upon it.

Against the Green-Sickness, the Gonorrhœa, and all Fluxes in Women, white and red.

Take of Nutmegs pounded half a pound, put to them 1 quart of Sack, 1 pint of Water of Sloes, boil this in a clear Decoction close, then strain it, and put to this Liquor, Cinnamon 1 ounce, rinds of Pomegranates 1 ounce, Mace 1 drachm; boil it again close, then strayn it hard, and give it Fasting 3 spoonfuls warm. And it will Cure.

E 3

A 3

Against the Green-Sickness.

Take 1 quart of white Wine, 2 handfulls of Marygold Flowers, Pennyrial, red Mints, of each 1 handfull, stamp them small, and put the Wine to them, with a Pennyworth of Saffron, then strayn it (it must not be boiled) and put it in a Glasse close stopped, and let the Party drink thereof (only Luke-warm) 4 days together, and let the Patient use vehement exercise, and abstain from rest and sleep in the day time.

Another for the same.

Take an Orange, and cut off the top of it, then take out a little of the Meat; then put therein a little Saffron, and clap on the top and roast it gently, and when it is roasted put it presently into a pint of white Wine; keep it very close covered, and drink 4 ounces thereof, first and last.

Gonorrhœa.

To Cure the Running of the Reins.

1. Purge my Patients 3 Nights together, by their taking of 7 of my white Pills at a time, last at their going to Bed.

To Syringe and heal the inside of the Yard.

2. Take the Waters of Hyssop, Plantane, and Angelica, of each alike; put them in a Glasse, and to them put 2 Liquorish Sticks sliced, and a little Anniseed Water, and shake them well together, and with a Syringe inject it twice in the Morning. This will certainly heal.

If

Physical Receipts.

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If it happen that a flatuous Humour fall into the Yard and swell up the Præpuce like a Bladder.

3. Take Oyl of Roses, of white Lillies and of Dill, of each alike quantity, mingle them well together, and every Morning bathe the part well therewith, and bind up the Yard with a little Cloth, being first anointed with a little of the Ointment. This is a hard stubborn Humour, and requires a Months time to Cure.

To heal the seminal Vessels, and to stop the Flux; an astringent Pill.

4. Take Mastick, Amber, Bole Ammoniack, of each 1 ounce, bring them all into fine Powder, every one by it self; then mingle them well together, and with as much Venice Turpentine (first well washed with Plantain Water) make them up into Pills, as big as a Pea; then have by you in a Sawcer the white of an Egg (unbeaten) and as you make your Pills, roll them in the white, and so let them dry; of these Pills let the Patient take 3 at a time first and last, and be whole.

To stop the Flux of the Reins.

Take Gumtragacanth half an ounce, infuse it in Plantane Water 24 Hours, then boyl all together in a pint of new Milk, and take half of it at a time fasting. *Probat.*

Another. A rare Secret, and often proved.

Take the whites of 4 or 5 new laid Eggs, fine Sugar 2 ounces, Rose-water 3 ounces; mix them well, and drink it first and last cold, 4 ounces at a time.

Remember that you purge before in these two last, and also now and then in the Cure.

E 4

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Remember that you purge before in these two last, and also now and then in the Cure.

Heart Infirmities, to Cure.

To put away all Venome from the Heart.

Take Bole Ammoniack, Sanguis Draconis, of each 3 ounces, of the best Cinnamon 4 ounces; bring them severally by themselves into fine Powder, then mix them well, and take thereof at a time as much as will lye on a Six Pence, in a Cup of Canary Wine, and it will do it.

Against Heart-burning, or the heat in the Mouth of the Stomach.

Take 20 corns of Oat-meal, and eat them raw; it helpeth: Or, Take 5 or 6 corns of Pepper going to Bed, chew them a little, and swallow them, it doth the like.

Against the beating of the Heart.

Take the Waters of Borage, Bugloss, and Balm, of each alike quantity, and put to them as much Oyl of Vitriol, as will make them like Verjuice, and drink thereof first and last a spoonful at a time, and this will heal, though of long continuance.

Another for the same.

Take a pottle of the best Claret Wine, and put therein Baum, and Borage, of each 1 handful, 6 tops of Rosemary, English Saffron 1 drachm, of the best fine Sugar 4 ounces; mingle them well together, then put them into a close Vessel, well stopped, and let it stand by the space of 24 Hours, then drink thereof a good draught first and last for 7 or 8 days together, or more, and you shall be helped thereby.

To

To strengthen a fainting Heart, and a weak Stomach.
Take Conserve of red Roses, and eat as much as a Nutmeg at a time, Morning and Evening, is a very great Cordial.

For Fatness about the Heart.

Take the Juice of Fennel and Honey, of each alike, boil them 'till they be hard, then eat thereof first and last, and be whole.

Good at any time when you are ill.

Take Brandy 1 ounce and half, Carduus Water 1 ounce, Sugar-candy powdered 1 drachm, Saffron 1 grain, Mace 3 grains; mix them and drink it up.

Hæmorrhoids.

A Plaster for the Hæmorrhoids:

Take Bole Ammoniack, Frankincense; Aloes, Mastich, of each half an ounce, Dragons Blood 3 drachms and a half; powder them all, then mingle them well, and with the white of an Egg beaten, and the Juice of Plantain, make them into a Plaster.

A Plaster for the Piles.

Take Diachylon and Oyl of Spike, of each a little quantity, melt them in a Sawcer, and when they are well incorporated, spread it on a Linnen Cloth, and lay it on the Piles warm, Morning and Evening, and in 4 days he shall be whole.

A Suppository for the Hæmorrhoids.

Take Aloes powdered, then mingle it well with Honey, make a Suppository, put it up into the Body, and keep

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A Suppository for the Hæmorrhoids.

Take Aloes powdered, then mingle it well with Honey, make a Suppository, put it up into the Body, and keep

keep it so long as you can; use this 2 or 3 times, and be whole.

Another, and good also for the Fig in the Fundament.

Take the Yolk of an Egg, Oyl of Roses 1 ounce, beat them well together, then add white Sugar-candy, and fine Sugar powdered, half an ounce. Saffron in powder 2 scruples, apply it to the Fundament Plaster-wise, and if the pain be more inward, make a Pessary, and put it up.

Against the Hemorrhoids.

Take Oyl of Eggs, it is a notable Remedy.

Hicket, or Yelking.

For the Hicket.

STop both your Ears with your Fingers, and the Hicket will presently leave you.

Against the Hicket.

Take the Decoction of Organy, boyled with a few Cloves, and dulcified with a little Sugar, and drink thereof, it helpeth exceedingly. And so also it provokes Urine, and opens the stoppings of the Liver, Spleen, and Womb.

To stay the Hicket.

Take Dill, boyl the tops thereof in Wine; then tye some of it in a Linnen Cloth, and only smell to it, and it ceaseth.

Hoarse-

Hoarseness, and loss of Speech.

Speech lost, to restore.

Take the Juice of Sage, and the Juice of Primrose, of each alike, boil them in white Wine, and gargle it in the Mouth.

For a Hoarseness in the Throat.

Take Penny-rial and seethe it in running Water, then strain it, and at Night take a dishful sweetned with a little Sugar, and in three times be whole.

Hoarseness, lost Speech, and all Diseases of the Chest and Lungs, to Cure.

Take the Herbs and Flowers of Hedge Mustard, boyl them in Wine or Ale, and drink of the Decoction strain'd for a little time. Those by this have been recovered, who have utterly lost their Speech, and almost their Spirits also.

Health to preserve.

How to provide in hot Countrys.

When you travel into hot Countrys, you must observe that Diet which is prescribed in a Fever, that is, not to over eat themselves; use the Juice of Lemons, Rice, white Wine mixed with Endive-water and Vinegar, Cyder, Raisins, Currants, sugar'd Water, and such fresh Meats (moderately) as may be had. Avoid drinking of Sack,

Sack, Aqua-vitæ, and other hot Drinks, except under the *Æquinoctial*, or where the Nights are cold; and to provide Oyl rather than Butter, and not to be unprovided of Treacle, that is very good.

How to provide in cold Countries.

Those which Sail into cold Countries may feed more liberally, and drink hot drinks safely, because the circundant Air is colder, and so it driveth the heat into the inward parts of the Body, where it fortifies the virtue of Concoction, and helpeth Nature to digest as liberally as it were Winter. I commend ~~us~~ them also, the use of Tobacco with Oyl of Anniseeds (provided they be not of too hot a temper that take it.) And I could wish Seamen to Ballast their Ships with Turneps in Sand, and therein they will be preserved, for Turneps are passing good against the Scurvy, and will defend the Body from such Diseases, as the brackish Air and Diet engender.

Itch and Scabs.

A Purge for the inward Cause.

Take first Confectio Hamech 1 ounce, dissolve it in half a Porringer of white Wine over the Fire in the Morning, and drink it fasting. This Purge will take away the inward cause, and purge the Blood.

Against the Itch.

Then take Oyl of Roses half a pint, Flower of Brimstone 4 ounces, Mercurius Sublimatus 6 grains, Camphore half a Scruple; labour them well together in a marble or in a stone Mortar, and anoint the Body therewith Morning and Evening.

To

For Receipts.

To heal all Itches and Scabs.

Take Plantain-water, Rose-water, of each half a pint, of Mercurius Sublimatus 2 drachms, crude Allom 6 drach. powder what is to be powdered, then mix them and boil them in a double Vessel at a soft Fire, for the space of an Hour, then filter it, and use it.

To kill the Itch.

Take 1 ounce of crude Mercury, boil it in 2 quarts of Spring-water, till 1 pint be consumed, then separate the Quicksilver from the VWater, then scratch open the Scabs, and wash them with this VWater, and be whole.

To Cure all Scabs, Itch, Tetters, Ring-worms, Shingles, and running Sores in any parts of the Body.

Take 4 ounces of Plantain VWater, 8 ounces of the Brine of Powdered Beef; then boil them together, and scum it clear; then open the Sores, and bathe with this VWater, and rub it well in with your Hand. This Cures: *Probatum.*

Issues to make.

Fontanells.

Take Rye-flower and Mustard-seed, of each alike, beat them well together to a fine Powder, and with VWater make some of it into a Past; then lay a Ring made of a Rush, and lay it on the place where you will have your Issue, there fill the Ring with Past, and bind it on.

Jann.

Jaundies Black and Yellow.

For the yellow Jaundies most Excellent, in great Extremity.

Take English saffron two penny worth, of Turmerick and Mace, of each the same quantity, beat them all into fine powder, together, with an indifferent quantity of Rheubarb in powder, them mingle all with as much fine Sugar, as will please your tast, and first and last eat thereof as much as three nuts in the pap of an Apple.

For the Jaundies.

Take fumitory, and wormwood of each one handful, boyl them in posset drink or whey, and being strained, drink of it four ounces first and last.

Another for the yellow Jaundies.

Take one drachm of the Seeds of Columbines, finely powdered, and drink it in wine with a little saffron in powder, the same, and sweat two hours, this opens all Obstructions of the Liver also.

For the same.

Take Southernwood half a handful, white Wine three pints, boyl it to a third, and drink thereof six days together.

For the black Jaundies.

Take earth worms, slit them and wash them well in white Wine, then so dry them, that you may beat them to powder, whereof a spoonful taken in any liquor in the Morning fasting, in a little time it Cureth.

For the Jaundies a quick Cure.

Take plantain water 1 pint, ivory in powder 2 drachms

drachms, Saffron enough to make it yellow, boyl them 2 walms, then strain it, and drink first and last 4 ounces at a time.

Kings Evil.

Ointment for the Kings Evil.

Take Oyl of Bays (not adulterated with Hoggs-grease) 8 ounces, Olibanum, Mastick, Gum Arabick, Rosin of the Fir tree 3 ounces of each : distil them, afterwards distil them again with Potashes, and anoint the part.

A Drink for the Evil.

Take White Archangel one good handful, two quarts of Conduit Water, one Ounce of sweet Fennel-seed, half an Ounce of Liquorish clean scraped, boil them to the consumption of half, then let it cool, and being settled, take the clearest, and mix it with two Ounces of Honey of Roses, then make three Draughts first and last.

To Dress the Outward Sores of the Evil.

Take a quantity of Verjuice and fresh Butter, dissolve the Butter in the Verjuice, and wash the Sores well, then lay on the Leaden Plaster (specified in the Title Plaster in this Book) wash them well Morning and Evening.

A Balsom against the Evil Outwardly.

Take half a pint of distilled hot Worm-wood Water, put it in a double Glass Bottle of a pint, set it over a few small Cole in a Chafing-dish, and when it begins to warm, put to it half an Ounce of the best Myrrh finely powdered, then let it boil a pretty while, then put to it one Ounce and half of *Mel Rosarum*, then let it boil one quarter

quarter of an hour more, then take it off, and when it leaves boiling, it is enough.

First, With Linnen Cloaths wipe well the Sores, till they be very dry, then take some Lint, and dip it into the Balsam being Blood warm, and bind them on the Sores twice a day; and use this Dyet Drink following.

A Dyet Drink to Cure the Kings-Evil.

Take Agrimony, Betony, Liverwort, Self-heal, Comfrey, Bramble Tops, Carduus, Wild Tansie, Daisie, Leaves and Roots, Plantain Leaves and Roots, Scabious, Sanicle, Maiden-hair, Mouse-ear, Poypodium, and Hemp-seed, half a handful of each, boil them in a gallon of Water, to the consumption of a third part; then put to it three pints of White Wine, then boil them one quarter of an hour, then strain it and put it into the same Vessel again, with two ounces of the best Senna, Rheubarb half an ounce, four drachms of Jallop, and six ounces of Honey, and let them boil a walm or two, then stop the Pipkin close and lute it, and let infuse all night over a few Embers: the next day (being cold) strain it and keep it in Bottles; Drink a Wine Glas full in the morning, and fast two hours after it; then drink a little Broth or Posset-drink clear.

If it be sower before spent, boil it three or four walms with a little more Honey, and having first well washed the Bottle, put in your Drink into the same again. This purgeth out all the Evil Humours in the Body; and the Balsam aforesaid, and this Dyet Drink, will absolutely Cure *Strumæ*, i.e. The Kings Evil, as hath been often proved.

For the Evil.

Take English Tobacco, stamp it and apply it Plaster-wise to the grieved part, it helpeth it in nine or ten daies very effectually.